

The CMC Total-Care Plan includes discount health and medical services from nearly 500,000 physicians, hospitals, clinics, dentists, optometrists and many other ancillary types of service providers.

Plus, you and your entire family will receive:

- Comprehensive Dental Care Savings
- Comprehensive Vision Care Savings including LASIK Surgery
- Comprehensive Prescription Drug Savings

That's not all...

The CMC Total-Care Plan offers additional savings averaging from 20% to 45% with service to millions of patients annually. There are over 350,000 medical doctors including:

- Family Practice • Internal Medicine • Cardiology • Radiology
- Neurology • Oncology • Orthopedic • Pediatric • OB/GYN • Allergy

We're still not finished...there's more!

CMC Total-Care Plan also provides:

- 24 hour toll-free nurse on call
- Chiropractic Care Savings
- Free Access to Medical Information Library on 1,200 subjects

See how much you can save in one year!

Service Product	Regular Cost	Your Sample Cost	Your Savings	Your Annual Savings
Doctor Visits	\$120	\$90	\$30 / visit	\$120
Prescriptions	\$100	\$80	\$20 / month	\$240
New Glasses	\$285	\$185	\$100 / pair	\$100
Dental Visits	\$110	\$55	\$55 / visit	\$110
Chiropractor	\$50	\$35	\$15 / month	\$180

Sample Annual Total-Care Savings per Person: \$750

and remember... With CMC Total-Care Plan you have...

- 45-day satisfaction guarantee
- Free customer support service

Mail completed application to:
JAMAIA Financial
Jamil Massengill
 439 Westwood S/C, #137
 Fayetteville, NC 28314

Contact us at:
 (877)907-2786
 Fax: (877)907-2786
 JAMAIAHealthcare.cidental.com

† Please make Checks/Money Orders payable to **Careington International**.

Only Six Steps!

Please complete the following application.

1. FILL OUT YOUR NAME		3. LIST ADDITIONAL MEMBERS				5. CHOOSE PAYMENT METHOD						
2. COMPLETE YOUR ADDRESS			4. SELECT PLAN				6. SIGN AND MAIL WITH PAYMENT					
Name			Birthday / /		Email		Spouse's Name			Birthday / /		
Home Address (Incl. Apt. #)			City			State		Zip		Home Phone (incl. AC)		
List of Members to Include	1. Name		Birthday / /		2. Name		Birthday / /		3. Name		Birthday / /	
	4. Name		Birthday / /		5. Name		Birthday / /		6. Name		Birthday / /	
<input type="checkbox"/> I want to pay by CHECK or MONEY ORDER payable to Careington International on a:			Amount to include with application, if you pay:									
<input type="checkbox"/> Annual Basis – enclose payment for 12 months with application				Monthly Rate	One time app fee	Monthly *		Annual (save 25%)				
<input type="checkbox"/> I want to pay MONTHLY by BANK DRAFT . I hereby authorize you to pay checks drawn on my account by Careington International , and payable to same, provided there are sufficient collected funds in said account to pay the same upon presentation. Enclose a voided check AND a check for first month's fee payable to Careington International			Total-Care	\$29.95	\$20.00	\$49.95		\$289.00	* Monthly is available by bank draft and credit cards only			
<input type="checkbox"/> I want to pay by CREDIT CARD on a: <input type="checkbox"/> Monthly <input type="checkbox"/> Annual			Account Number									
<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> American Express <input type="checkbox"/> Discover			Name on Card						Exp. Date			
Signature X				Date				Effective Date Please select one of the following:		<input type="checkbox"/> This Month <input type="checkbox"/> Next Month		
For Office Use Only			Sales Summary Number			Group Number CHOICETOT		WA JAMILZ		Office QUALBE		

TERMS & CONDITIONS

Renewal Conditions: By joining a plan, you are authorizing **Careington** to bill your credit card or checking account for the plan you have selected. This charge shall remain in force until you notify **Careington International Corporation** in writing of its cancellation. By joining, you indicate that you have read the terms and conditions of the plan and adopting it for one year. This plan will automatically renew at the end of your membership term on an annual basis, and your credit card or bank account will be automatically charged or drafted for the appropriate amount.

Termination Conditions: **Careington International** reserves the right to terminate plan members from its plan for any reason, including non-payment.

Cancellation Conditions: You have 45 days from the date you join to use the plan risk-free. If for some reason within 45 days you are dissatisfied with the plan and wish to cancel and obtain a refund of any membership fees paid, please send a cancellation letter and a request for refund with your name and member number to Member Services, **Careington International** at 7400 Gaylord Parkway, Frisco, Texas 75034. If **Careington International** is billing you quarterly, semi-annually or annually, **Careington International** will, in the event of cancellation of the membership by either party, make a pro-rata reimbursement of the periodic charges to the member.

Limitations, Exclusions & Exceptions: This program is a discount membership program offered by **Careington International Corporation**. **Careington** is not a licensed insurer, health maintenance organization, or other underwriter of health care services. No portion of any provider's fees will be reimbursed or otherwise paid by **Careington**. **Careington** is not licensed to provide and does not provide medical services or items to individuals. You will receive discounts for medical services at certain health care providers who have contracted with the plan. You are obligated to pay for all health care services at the time of your appointment. Savings are based upon the provider's normal fees. Actual savings will vary depending upon location and specific services or products purchased. Please verify such services with each individual provider. The discounts contained herein may not be used in conjunction with any other discount plan or program. All listed or quoted prices are current prices by participating providers and subject to change without notice. Any procedures performed by a non-participating provider are not discounted. From time to time, certain providers may offer products or services to the general public at prices lower than the discounted prices available through this program. In such event, members will be charged the lowest price. Discounts on professional services are not available where prohibited by law. This plan does not discount all procedures. Providers are subject to change without notice and services may vary in some states. It is the member's responsibility to verify that the provider is a participant in the plan. At any time **Careington** has the right to eliminate a Participating Professional from the respective network in which they are associated and may substitute Provider networks at its sole discretion. **Careington International** cannot guarantee the continued participation of any provider. If he or she leaves the plan, you will need to select another provider. Providers contracted by **Careington** are solely responsible for the professional advice and treatment rendered to members and **Careington** disclaims any liability with respect to such matters. Services and service providers may change or be discontinued at anytime with notice as required by law.

Complaint Procedure: If you would like to file a complaint or grievance regarding your plan membership, you must submit your grievance in writing to: Member Services, **Careington International** at 7400 Gaylord Parkway, Frisco, Texas 75034.

Disclosures:

1. **THIS PLAN IS NOT INSURANCE. THIS IS NOT A MEDICARE PRESCRIPTION DRUG PLAN.***
2. The plan provides discounts at certain health care providers for medical services. The range of discounts will vary depending on the type of provider and service.
3. The plan does not make payments directly to the providers of medical services.
4. Plan members are obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount medical plan organization.
5. Before purchase, you may access a list of participating health care providers at CareingtonProviders.com. Upon request the plan will make available a written list of participating health care providers.
6. You have the right to cancel within the first 30 days after receipt of membership materials and receive a full refund, less a nominal processing fee.
7. Discount Medical Plan Organization and administrator: **Careington International Corporation**, 7400 Gaylord Parkway, Frisco, TX 75034; phone (800)372-7615.

Note to Texas Consumers: Regulated by the Texas Department of Licensing and Regulation, P.O. Box 12157, Austin, Texas 78711; telephone (800)803-9202 or (512)463-6599 website: www.license.state.tx.us/complaints. The program and its administrators have no liability for providing or guaranteeing service by providers or the quality of service rendered by providers. *Medicare statement applies to Maryland residents when pharmacy discounts are part of program. This program is not available in Vermont and Montana.